# System

#### Booooones!



I heart the skeletal system!

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## Why a skeleton?

- Our skeletons:
  - Support our bodies
  - Store nutrients like calcium and phosphorous
  - Form blood cells in their marrow
  - Anchor muscles
  - Protect our organs

#### Structure

- Round ends and pits for muscle, ligament, and cartilage attachment
- Blood vessels enter and leave through many small holes
- Surface covered with periosteum, a tough, tight membrane.

# Two Types of Bone

#### The two types are:

- Compact bone
- Spongy bone

What can you infer about each of these types of bone, based on the names and where they are located?

Brain storm for a minute, and then pair up to discuss your ideas.



### Compact Bone

- Compact bone is directly under the periosteum it is living tissue!
  - Provides strength to bones
  - Made of calcium phosphate deposits
  - Contains bone cells and blood vessels

# Spongy Bone

- Spongy bone is near the ends of longer bones.
  - Contains lots of small spaces to make bones lighter
  - Cavities in spongy bone are filled with marrow. Marrow can be yellow and be made of fat cells, or red and produce red blood cells.



# Brain Storming!

 How close were your hypotheses about the functions of compact and spongy bone? Why do you think you were you correct incorrect?



### Cartilage

- Cartilage is a thick tissue layer covering the ends of bones.
- Cartilage is slippery and thick to be a shock absorber and to reduce friction when bones rub together.

#### **Bone Formation**

- A fetus has a skeleton made of cartilage
- Cartilage breaks down over time to get replaced by bone
  - Osteoblasts are bone-forming cells that deposit calcium and phosphorus to make bones.
- At birth, your skeleton is 300 + separate bones - as you age they fuse. Now you only have 206.

#### Joints

- A joint is any place where two or more bones come together.
- Cartilage always holds healthy bones apart.
- Ligaments hold healthy bones in place.
   A ligament is a thick band of tissue.

#### Joints

- You have immovable and movable joints.
  - Immovable joints don't allow movement (duh). Ex: Bones in the skull.
  - Movable joints DO allow movement. There are different types: pivot, ball and socket, hinge, and gliding. They allow different types of movement.



# Brain Storming!

 Before the next slide, think about the different types of movable joints. Where do you think you would find each of those in your body?



# Movable Joints

#### **Movable Joints**



 Types of joints found in the human body

 Image: semi-mobile joints

 Image: skull= immovable joints

www.inFovisual.inFo

hip=

ball and socket joint

elbow<mark>=</mark> hinged joint

#### Think about it . . .

- Try to answer one or both of the following questions:
  - What would happen if we only had compact bone and no spongy bone?
  - What would happen if you didn't have any cartilage?

### Don't Forget!

#### • For next class, don't forget to: